



There is an illness called COVID-19 that can make me sick. Sometimes it's called coronavirus.



It can make me miss school and seeing my friends.



Lots of children like me are having their COVID-19 vaccine. Lots of grown-ups have theirs already.



My COVID-19 vaccine can help to protect me from getting really sick.



Vaccines may help to stop COVID-19 spreading - keeping more of us safe.



I go to a vaccination centre to get my COVID-19 vaccine.



A grown-up will bring me to the centre and stay with me the whole time.



I can bring my favourite book, teddy or toy with me. I can also bring my ear defenders or headphones.



When it's my turn, the grown-up who brought me sits in a chair and I can sit on their lap, if I like.



Older children wear a mask and sit on a chair.



The person giving me my vaccine knows a lot and I can ask them questions.



When I'm ready we roll up my sleeve and I get a quick injection in my arm. I might feel a little pinch.



After my vaccine, I wait for a while.



Then it's time to leave and go home.



When I get home, I might feel warm or tired or have a headache. My arm might be a little sore too.



I can tell the grown-ups in my family and they may give me some medicine to make me feel better.



I will need to have two injections. When it's time to get my second one, we will go to vaccination centre again.



I am helping to keep myself and everyone safe because I had my vaccine.